

DAN-EXAMINATION KIHON

(↑ FORWARD, ↓ BACKWARD, → SIDE)

[SHO-DAN] – 150 \$

FROM ZENKUTSU DACHI GEDAN BARAI

1. ↑ OIZUKI: SANBONZUKI (JODAN.CHUDAN.CHUDAN)
2. ↑ SPINNING GYAKUZUKI: SANBONZUKI
3. ↓ AGEUKE-URAKEN-GYAKUZUKI (AGEUKE-URAKEN :SAME ARM)
4. ↑ SOTOUKE → ENPI ↑ SPINNING URAKEN-GYAKUZUKI (ENPI:KIBADACHI GYAKUZUKI: ZENKUTUDATI)
5. ↓ UCHIUKE-KIZAMIZUKI-GYAKUZUKI-MAWASHI ENPI

FROM KOKUTSU DACHI

6. ↑ SPINNING SHUTO UKE-KIZAMIGERI-NUKITE (NUKITE: ZENKUTSUDACHI)

FROM ZENKUTSU DACHI GEDAN BARAI

7. ↑ MAGERI-MAWASHIGERI-GYAKUZUKI
8. ↑ MAGERI-YOKOGERI-GYAKUZUKI

FROM ZENKUTSU DACHI (FACE TO EXAMINER)

9. MAGERI-MAWASHIGERI (SAME LEG)
10. MAWASHIGERI-KEKOMI (SAME LEG)

[NI-DAN] – 170 \$

FROM ZENKUTSU-DACHI

1. ↑ SANBON-ZUKI (↑ OIZUKI → GYAKUZUKI ↑ SPINNING GYAKUZUKI)
2. ↓ AGEUKE-SOTOUKE-GEDANBARAI-UCHIUKE-MAEGERI, GYAKUZUKI (STEP BACK)
(ALL UKE: SAME HAND)
3. ↑ SANBON-GERI (KIZAMIGERI-MAEGERI :BACK-MAWASHIGERI: F ORW ARD)
4. ↓ AGEUKE,T MAWASHIGERI-URAKEN-OIZUKI (AGEUKE:BACKWARD)

FROM FUDODACHI GEDANBARAI

5. ↑ OIZUKI
6. ↓ SANBONZUKI
7. ↑ SPINNING-URAKEN-GYAKUZUKI, ↓ SPINNINGBACKGEDANBARAI, ↑ MAEGERIOIZUKI

FROM ZENKUTSU DACHI (FACE TO EXAMINER)

8. MAEGERI-YOKOGERI-USHIROGERI

[SAN-DAN] – 200 \$

FROM ZENKUTSU-DACHI GEDANBARAI

1. ↑ CHANGE STEP, OIZUKI, SPINNING GYAKUZUKI

FROM FUDO DACHI

2. ↑ SANBONZUKI (ALL FUDODACHI)

FROM ZENKUTSU DACHI

3. ↑ OIZUKI-GYAKUZUKI(FRONT)-GYAKUZUKI(BACK 45°),SPINNING URAKEN-GYAKUZUKI
4. ↑ OIZUKI -GEDANBARAI(SAME HAND)-GY AKUZUKI

FROM ZENKUTSU DACHI (SHOMEN)

5.
 - 1.MAEGERI-GYAKUZUKI
 - 2.KEKOMI-GYAKUZUKI
 - 3.MAWASHIGERI-GYAKUZUKI
 - 4.USHIROGERI-GYAKUZUKI
6.
 1. ↑ MAEGERI → YOKOGERI ↓ USHIROGERI ↑ MAWASHIGERI(SAME LEG)

[YON- DAN] – 280 \$

FROM NEKOASHI-DACHI

1. ↑ GEDANBARAI-GYAKUZUKI

FROM SANCHIN-DACHI

2. ↑ OIZUKI

FROM FUDO-DACHI

3. ↑ MAEGERI-OIZUKI

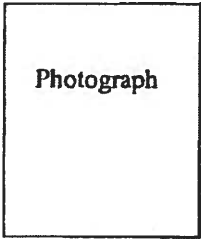
4. ↑ OIZUKI (FUDODACHI, KOKUTSU-DACHI, NEKOASHI-DACHI, SANCHIN-DACHI)

[GO-DAN] – 380 \$

DAN-EXAMINATION KUMITE. KATA

DAN	KUMITE	KATA
SHO DAN (1 st . DAN)	JYU KUMITE	1-SHITEI KATA 2-SENTEI KATA
NI DAN (2 nd . DAN)	JYU KUMITE	1-SHITEI KATA 2-SENTEI KATA
SAN DAN (3 rd DAN)	JYU KUMITE	1-SHITEI KATA 2-TOKUI KATA
YON DAN (4 th DAN)	JYU KUMITE REPORT: ANY TECHNIQUE	1-TOKUI KATA 2-(FREE CHOIS)
GO DAN (5 th . DAN)	JYU KUMITE REPORT: ANY TECHNIQUE	1-TOKUI KATA 2-(FREE CHOIS)
ROKU DAN (6 th . DAN)	REPORT: CONCERNING KUMITE	1-TOKUI KATA 2-(FREE CHOIS)
NANA DAN (7 th .DAN)	REPORT: CONCERNING KATA	1-TOKUI KATA 2-(FREE CHOIS)

SHITEI KATA: BASSAI – DAI, KANKU – DAI, JION, ENPI (COMPULSORY)
SENTEI KATA: BASSAI – DAI, KANKU – DAI, JION, ENPI (OPTION)



世界松濤館空手道連盟
 THE WORLD SHOTOKAN KARATE-DO FEDERATION
 昇段申請書
 APPLICATION FOR DAN REGISTRATION



No.

TO: W.S.K.F.

署名
Signature:

年月日
Date:

国籍 Nationality		試験審査日 Date of Examination		
所属支部・クラブ名 Karate Organization				
氏名(ふりがな) First & Family name		生年月日 Date of Birth		
出生地 Place of Birth				
現住所 Present Address				
身長 Height		体重 Weight		
cm		kg		
職業 Occupation		学歴 Education		
空手歴(現級段位) Present Dan or Kyu and Last examination 日付 Date				
基本 KIHON	組手 KUMITE	形 KATA	決定 RESULT	審査員 EXAMINER
研究発表 Study Report				
審査料 (Examination fee)			登録料 (Registration Fee)	